

Celebrating Women Of Valor

AWARDS LUNCHEON

Monday, February 28, 2011
 Michael's On East

MISTRESS OF CEREMONIES: Joy Weston, author,
"How an Ordinary Woman Can Have an Extraordinary Life"

To receive an invitation contact
 Andria Bilan at 941-366-2224, ext. 138
 or email abilan@jfcs-cares.org

The Women of Valor Awards was established by JFCS in recognition of the agency's 25th anniversary of providing hope & healing to the community. The following women will be honored for their commitment to helping others:



| | |
|-----------------------|--------------------|
| Jewel Ash | Diane McFarlin |
| Lee Berkowitz | Graci McGillicuddy |
| Carol Poteat Buchanan | Carolyn Michel |
| Margaret Callihan | Nikki Nilon |
| Audrey Coleman | Nora Patterson |
| Bea Friedman | Lee Peterson |
| Carol B. Green | Flori Roberts |
| Marilyn Harwell | Mary Ann Robinson |
| Dr. Mona Jain | Carol Siegler |
| Florence Katz | Barbara Siemer |
| Lee Levine | Lisa Walsh |
| Gwen MacKenzie | Sally Yanowitz |
| Helen McBean | |



"INSIDE THE WINDOW OF COMMUNITY COMPASSION"
 Artwork created specially for the Women of Valor
 Awards Luncheon by **Debbie Dannheiser**, Artist





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JFCS NEWSLETTER

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Board Chair: Marie Monsky
President/CEO: Rose Chapman, LCSW

Message from the Board Chair & President/CEO

Celebrating 25 years of providing hope and healing, JFCS has become a major human service agency that offers comprehensive counseling and social services to all residents in our local community. As we turn the page of the calendar to a New Year, we begin a new decade and face the challenges of a new reality.

This new reality...an increased demand for services and decreased available funding has strained the resources of JFCS.

- For the first time, people seeking help have been placed on waiting lists
- Emergency financial assistance is limited to clients with children and families with disabled adults
- And several grant funded programs targeting special needs clients including seniors and youth are being terminated due to funding cuts

Even during these difficult financial times, JFCS remains committed to helping individuals and families who fall in between the cracks and have no where else to turn. We will continue to embrace the message of our tagline, *When You Can't Do It Alone* because JFCS provides a **safety net** for the entire community.

As you make your resolutions for the New Year, we would ask for your help to ensure that JFCS *never has to do it alone!* We invite you to schedule a tour of our main campus in Sarasota, learn how you can impact the lives of others by serving as a volunteer, support the agency by attending an upcoming special event and visit our website at www.jfcs-cares.org to learn more about our programs and services.

Thank you for your continued interest and support of JFCS.



Marie Monsky
Board Chair



Rose Chapman
President/CEO

JFCS RECEIVES NATIONAL AGENCY OF THE YEAR AWARD

JFCS received the Agency of the Year Award from the Alliance for Children and Families at its 2010 Annual Conference recently held in Milwaukee, WI. One of three recipients of this prestigious national award, JFCS was selected because of its excellence in board participation and support, impact of advocacy efforts, and innovative programming.

"As a membership association, the Alliance is grateful that members such as JFCS are part of our strong network," said Peter B. Goldberg, President and CEO of the Alliance. "An inspiration to its peer organizations, JFCS is innovative and strategic in its daily execution of its mission."

The Alliance for Children and Families is a national membership association of over 340 nonprofit human service providers in the United States and Canada. Motivated by a vision of a healthy society and strong communities, the Alliance strengthens the capacities of North America's nonprofit child- and family-serving organizations to serve and to advocate for children, families, and communities.



Clare Levin, Hospital Visitor

“I have spent most of my life volunteering,” says Clare Levin, a volunteer in the Jewish Healing Program. Clare works most Mondays as a Bikkur Cholim (*visiting the sick*) Visitor at Sarasota Memorial Hospital where she visits approximately a dozen Jewish patients a day.

Clare usually spends about 10 minutes in each room. “Patients are bored, so they are happy to see me. I lighten up their day. Sometimes people just need a hug; and often it’s the spouse who needs support,” she says. If someone is asleep or having a test, she leaves a card from JFCS so they know they are not forgotten.

After three years as a hospital visitor, Clare has some funny stories. “Once I went in and introduced myself and the woman said, ‘I already gave.’ Another time, I visited a man - he said ‘come in and close the door.’ I was flattered. Turns out he just wanted to tell me a joke!”

With so many snowbirds here who may find themselves hospitalized, Clare feels it’s important they know there is a local agency to help them. If a patient is unaffiliated and needs pastoral care, she helps find a Rabbi to visit.

Clare has also volunteered as a Guardian Ad Litem, was VP of Hadassah and delivers Meals on Wheels. “I was brought up to give back. But I’m doing it for me as well. I need to feel needed,” adds Clare.



Clare Levin at Sarasota Memorial Hospital

Helping to Care for Caregivers & Their Loved Ones



Are you interested in making a difference in the life of a caregiver and their loved one? Thanks to grant funding from the University of Maryland, JFCS will train and manage 24 AmeriCorps volunteers to provide respite services to caregivers enrolled in our Sarasota CARES program.

The Sarasota CARES Program offers caregivers of a loved one age 60 or older, living in Sarasota County, connections to available community resources. The program works to enhance caregiver strengths resulting in the reduction of stressors that negatively affect their lives. Sarasota CARES allows caregivers and their loved ones to determine what services they need and how they wish to receive those services.

AmeriCorps volunteers are required to provide 10 hours of service per week and are eligible to receive a monthly living allowance and transferable tuition credit. If you are interested, please call Marty Katz, Development Director of Community Resources, at 366-2224, ext. 143.

A Musical Salute to JFCS & Rose Chapman

On December 19th a sold out, full house of more than 510 people gathered at the Ritz-Carlton, Sarasota for the Annual JFCS Gala. The theme, *Celebrating Silver* featured a musical salute to JFCS & Rose Chapman, President/CEO by the Sarasota Orchestra, conducted by Maestro Leif Bjaland. The event netted more than \$325,000 to support the programs and services of the agency.

“This JFCS Gala celebrates 25 years of service to the community and 18 years of Rose’s leadership at the helm of this incredible social service agency. The outpouring of community support for JFCS and Rose made this event the major kickoff to Season in Sarasota. We are most grateful to Bea Friedman for once again producing this signature event for JFCS,” stated Gerri Aaron, Gala Chair.

In recognition of Rose Chapman’s 18 years of service to JFCS, Board Chair Marie Monsky presented her with a silver and pearl necklace created by Barb McSweeney. Elected officials, local business partners, friends, donors and volunteers offered their congratulations to Rose and JFCS in a Program Book filled with proclamations, recognitions and tributes. The centerpieces, filled with holiday gifts were distributed the next day to 53 families served in our Building Strong Families Homelessness Prevention Program.

Special thanks to Gala Committee members: Gerri Aaron, Event Chair, George Allison, Scott Anderson, Jewel Ash, Barbara Boltuch, Sue Bralow, Judy Cahn, Sanford Cohen, Marilyn Harwell, Sue Jacobson, Valerie & Harold Joels, Kathy Killion, Vivian Kouvant, Diana Lager, Susan Landau, Bobbi Lorry, Barbara Lupoff, Steve Miles, Sanford Milter, Marie Monsky, Susan Morin, Sheila Nitzberg, Pam Reiter, Molly Schechter, Ina Schnell, Helen Sherman, Shelley Stein, Lois Stulberg and Sally Yanowitz.



Clare & Rich Segall

Gerri Aaron, Marie Monsky, Rose Chapman



Randy & Susan Mallitz, Judy & Bob Vigder



Jason, Bob, Rose & Ryan Chapman

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JFCS IS FORTUNATE to have many caring friends in the business community who partner with us to support our programs, events and activities. Together, we make Sarasota and Manatee Counties a better place to live. We are pleased to highlight these Corporate Partners.



“Through our corporate partnership with JFCS, **SARASOTA BAY CLUB** can impact the quality of life for the most vulnerable members of community...children and seniors who face difficult life challenges.” says Kathryn Cooper, Director of Sales. SBC offers exquisite condominium residences featuring an incredible selection of expansive floor plan designs, each with its own uniquely gorgeous view. The residential enclave boasts an unrivaled list of first-class amenities and services, including award-winning dining and an amazing array of healthcare choices, all set in an exclusive resort-style campus overlooking sparkling Sarasota Bay and regal Longboat Key. Unlike many other retirement lifestyle options, Sarasota Bay Club offers a return of investment to its residents. Buyers benefit from full ownership of their home because it is structured as a condominium purchase.

“Commitment to local community is the foundation of our corporate philanthropy. We support JFCS because it offers vital social services to the entire community and operates at the highest level of accountability and transparency.” says Martha A. Honey, Director of Client and Community Affairs at **HARRIS PRIVATE BANK**. For over a century, Harris Private Bank has successfully delivered wealth management solutions to affluent clients. What matters most to Harris Private Bank is developing lasting personal relationships and appreciating each client’s distinct needs and desires. This in-depth understanding of each client’s financial profile and objectives enables Harris professionals to provide the appropriate counsel that redefines trust on a daily basis while preserving, protecting and enhancing our client’s financial future.



A Bountiful Holiday For Needy Families

Thanks to the generosity of the local community, more than 240 needy families received food boxes this holiday season. “We appreciate all the donors and area congregations who stepped forward to support our holiday food drive, but we hope the community will remember that our Food Pantry needs replenishing all year round,” says Betsy Schwartz, Project Director, Healthy Families/Healthy Children Program.

JFCS was also one of 28 agencies that received canned food donations from the Mayor’s Feed the Hungry program. JFCS donors contributed over \$25,000 so the agency could distribute Publix Super Market food vouchers for perishable groceries.

You are encouraged to participate in our ongoing **Buy One, Get One, Give One Food Drive**. Donations are accepted weekdays from 8:30 a.m. until 4:30 p.m. For more information about our Food Pantry, contact Lynne Georgette at 366-2224.



Local teens and JFCS staff sort donations, ensuring that needy families had food to eat this holiday season.

Supporting & Strengthening Families

Sarah Hoeffel knew that her marriage was in trouble. She and her husband Norberto and 5 year old daughter Celeste had recently moved to Sarasota, leaving her family and support system back in California. Unable to find work, her husband became depressed. Sarah, already feeling isolated, became angry and resentful that she had to take on the role of full-time parent, caregiver and family provider. She decided it was time for a legal separation and planned to return to California with her daughter.

But she needed to find the courage to tell her husband.

A friend referred Sarah to JFCS and the family enrolled in the Healthy Family/Healthy Children Program. Sarah and Norberto attended weekly support and counseling sessions which focused on communication, interpersonal and parenting skills. Planning to end



Norberto, Celeste & Sarah

her marriage, after just 3 weeks in the program, Sarah and Norberto had instead, reaffirmed their commitment to one another. In December, they successfully completed the 9 week program.

“I knew it was time to make a change. But I never expected that this program would change me. It takes effort and commitment, but the skills we learned in our counseling sessions carried

over to our personal relationship and for the first time we were honest and respectful of one another,” says Sarah. “Our primary concern is raising a self-assured and confident daughter. Thanks to JFCS we have a solid foundation.”

Ongoing Programs & Support Groups

In response to community needs, JFCS offers a variety of support groups to help individuals overcome life's challenges.

Pre-registration is required for all groups. Please call the staff contact person at (941) 366-2224 to register or for additional information.

ANGER MANAGEMENT GROUP

Wednesdays, 6:00 p.m. - 7:00 p.m.

The art of managing anger and understanding where it comes from are acquired skills which you can learn and practice in this group. Call Marcy Stern, Ed.D., LMHC.

BEREAVEMENT SUPPORT GROUP

Tuesdays, 10:00 a.m. - 11:30 a.m.

This group, for people at all stages of loss, provides opportunities to deal with grief, share experiences, receive support and discover new ways to cope. Call Susan Finkelstein, RN, MAS.

CAREGIVER SUPPORT GROUP

Wednesdays, 10:30 a.m. - 12:30 p.m. (JFCS)

Fridays, 1:00 p.m. - 3:00 p.m. (St. Mark's Episcopal Church, Venice)
Caregivers participate in a weekly support group to discuss concerns and gain knowledge about community resources. Funded through a grant from the Area Agency on Aging for Southwest Florida. Call Pamela Baron, MSW.

CHILDREN OF AGING PARENTS SUPPORT GROUP

2nd Thursday of the month, 6:30 p.m. - 8:00 p.m. (JFCS)

4th Tuesday of the month, 6:30 p.m. - 8:00 p.m. (Frances T. Bourne Jacaranda Library, Venice)

Support Group offers emotional support, affirmation, understanding and socialization as well as assistance with community resources for individuals who are serving as caregivers for aging parents, spouse or other family members. Funded through a grant from the Harry & Jeanette Weinberg Foundation. Call Betsy Schwartz, MSW.

THE MARRIAGE BREAKTHROUGH - STRENGTHENING AND NURTURING RELATIONSHIPS

Wednesdays, 6:00 p.m. - 8:00 p.m.

Based on the work of Michelle Weiner-Davis, author of *Divorce Busting* and *The Sex Starved Marriage*. This four-week interactive video seminar will make you and your partner feel more connected by providing practical and effective skills to improve communication and handle conflict constructively. Call Wendy Kulscar, LCSW, CMC.

PARENTING CLASS

Thursdays, 6:00 p.m. - 7:00 p.m.

Children don't come with manuals and parenting is the most important job you'll ever have. The Parenting Class provides insight into questions and issues that come up in everyday life, and will help you to manage the challenges that come your way. Call Marlene Larose, MHC Registered Intern.

SENIOR OUTREACH SERVICES

Mondays, 2:30 p.m. - 3:45 p.m. (Villa San Marcos, Venice)

Tuesdays, 11:00 a.m. - 1:30 p.m. (Jewish Center of Venice)

Wednesdays, 11:00 a.m. - 2:30 p.m. (JFCS)

Fridays, 11:00 a.m. - 1:00 p.m. (JFCS)

Homebound older adults can maintain their independence, increase their involvement with friends and community, and enhance their mental health through education and social activities. Medicare assignment accepted. Lunch is provided by JFCS for the Wednesday and Friday groups. Call Pamela Baron, MSW.

Tribute Cards

JFCS Tribute Cards offer you the opportunity to honor family, friends and loved ones while providing financial support of our programs and services. People use Tribute Cards to:

- Celebrate Milestones**
- Thank a Host or Hostess**
- Send a message *In Honor Of***
- Offer a message *In Memory Of***
- Express Your *Appreciation To***
- Wish a *Speedy Recovery To***

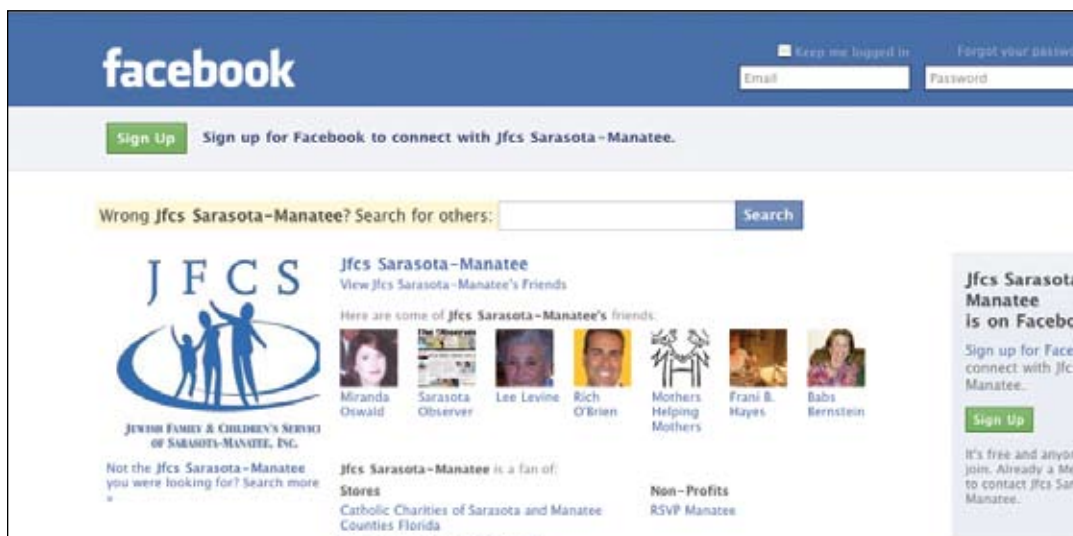
You can view recent personalized Tribute Card messages by logging onto our website at www.jfcs-cares.org Simply click on the **ABOUT US** tab and select the **Newsletter** listing.

To order your personalized Tribute Card, complete the form below and return it with payment to JFCS in the envelope enclosed with this Newsletter.



| JFCS TRIBUTE CARDS | | MESSAGE |
|---|--|---|
| Make checks payable to JFCS. Return form with payment to: JFCS, 2688 Fruitville Rd., Sarasota, FL 34237 | | |
| This donation is from (please print): | Please send a card to (please print): | <input type="checkbox"/> IN HONOR OF |
| Name: _____ | Name: _____ | <input type="checkbox"/> IN APPRECIATION OF |
| Address: _____ | Address: _____ | <input type="checkbox"/> IN MEMORY OF |
| City: _____ ST _____ Zip _____ | City: _____ ST _____ Zip _____ | <input type="checkbox"/> SPEEDY RECOVERY TO |
| Phone (Day) _____ | Email _____ | <input type="checkbox"/> OTHER |
| CREDIT / DEBIT CARD INFORMATION | <input type="checkbox"/> Visa <input type="checkbox"/> Master Card <input type="checkbox"/> Discover <input type="checkbox"/> American Express [_____] | |
| Account# _____ Exp. _____ Signature _____ | 3-4 DIGIT SECURITY CODE _____ | |
| Please list my/our names(s) as follows in the next online posting of the JFCS Newsletter | | |
| _____ | | |

Find Us On Facebook and Stay Informed



Are you a social networker? Do you use Facebook? Now you can join our growing list of friends to stay informed about "What's New" at JFCS and help us network with others in the community. We invite you to join as a Friend of JFCS. Simply type in JFCS Sarasota-Manatee in your search for friends and request to join our page. Welcome!

JFCS Tribute Donations

Thank you to the following Donors who ordered a personalized Tribute Card from JFCS between August 1, 2010 and November 30, 2010.

IN HONOR OF:

Gerri Aaron's daughter's wedding

Andria Bilan

Rose Chapman

Mr. & Mrs. Les Aberson's special anniversary

Melva & Mel Herrin

Dr. & Mrs. Stanton Abram's 55th wedding anniversary

Elinor B. Cohen

David Aronson's 90th birthday

Bea Michaels

Barbara & Tom Bernstein's 50th wedding anniversary

Barbara & Ken Seplow

Sondra Sonneborn

Sheila & Burton Stone

Andria Bilan's birthday

Ruth Rolfe

Jerry Camens' big birthday

Essie Cohen

Rose Chapman

Barbara Brizdle &

Larry Schoenberg

Barbara & David Levin

Eleanor Sugarman

Rosa & Herbert Warburg

Claudia Cohen's birthday

Melva & Mel Herrin

Ruth Eppy's very special birthday

Ida Wilkof

Mickey Fox's birthday

Fran & David Lambert

Ilene Friedman's special birthday

Harriet & Ed Schaye

Corrine Garber's special birthday

Eleanor Sugarman

Francie & Jack Weintraub

Bob Garner's special birthday

Melva & Mel Herrin

Harriet & Ed Schaye

Greta Granet's special birthday

Betty & Julius Loeser

Mervin Gray's special birthday

Elinor & Stanley Weisman

Ellie Kahn's birthday

Marilyn Harwell

Calvin Kanter's 80th birthday

Charlene Carstens

Florence Katz's special birthday

Jewel & Mike Ash

Brady Klain's Bar Mitzvah

Susan & Randy Mallitz

Carole Kliensky's special birthday

Alice Blueglass

Dale Sprintz

Elaine Lesnick's granddaughter's marriage

Elaine & Harvey

Rothenberg

Bernard Levine's birthday

Harriet & Ed Schaye

Barbara Lupoff's birthday

Leny Cohen

Susan & Randy Mallitz's anniversary

Sharyn & Rick Nassau

Sandy Mardon's birthday

Essie Cohen

Esther Fishman

Thelma Freedman

Evelyn & Albert Lerman

Graci McGillicuddy's CYD Leadership Award

Jeremy Lisitza &

Michael Shelton

Lillian Meckler's birthday

Aileen Farber &

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Mr. & Mrs. Monroe Meltzer's 63rd wedding anniversary

Elinor B. Cohen

Stephen Miles - Congratulations on your promotion

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Tod Roberts birthday & our 20th wedding anniversary

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The Shukovsky Family

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Margie Siegel's 80th birthday

Elinor Weisman

Ruth & Louis Siegel's 50th wedding anniversary

Roz & Joel Ehbrenpreis

Sharyn & Rick Nassau

Estelle Silbert's special birthday

Carole & Marty Edelman

Mr. & Mrs. Tom Singer's 50th wedding anniversary

Melva & Mel Herrin

Stuart Spivack's special birthday

Marion & Bernard Levine

Helene Strauss's 100th birthday

Barbara & Tom Bernstein

Nicole Trister's Bat Mitzvah

Marion & Bernard Levine

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Sanford Weiss' beloved
brother
Elinor B. Cohen

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Lillian Alpert
Ruth Bell
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Peggy Miller
Norma Coel

Lisa Olan
Lori Greenbaum
Georgia Gruber
Lee Pintchuck

Andrea Weiss
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Cory Weitzner
Harold Joels

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Dolly Sprinz
Maxine & Jack Baumring
and Holly & Diane
Rose Chapman
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Gina & Leonard
Vandroff
Toni & Joel Adler

THINKING OF YOU:

Mr. & Mrs. Seymour
Rudges ~ wishing you
and your family a happy,
healthy New Year
Lorrie & Dick Stern

A Tribute Card form is
located on the back page
of the newsletter.



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& Wine Tasting
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